



# BETWEEN THE COVERS

*February is the month for looking at your health—literally.*

Every year, the United States recognizes National Self-Check Month in February, during which Americans are encouraged to check in with themselves about their health. In that vein, the library is offering programs this month to help you with your own self-checks.

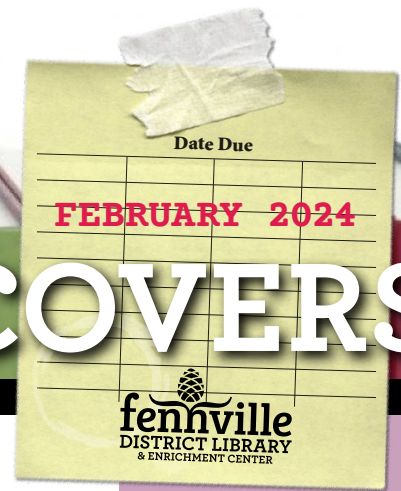
The first program intended to help you connect with the state of your health coincides with the beginning of the month. On February 1st at 6:30 PM, the American Heart Association in West Michigan will be presenting a program, sponsored by the Fennville Women’s Club, about women’s heart health.

Another program that will help you check in with your heart, in a more metaphorical sense, is Grief Support. This group is offered twice a month by Chappell Funeral Home. This month the group will meet on Monday, February 5th and Monday, February 26th, both at 6:00 PM.

We’ve also teamed up with OnPoint to help you learn how to take your health into your own hands this month! Fennville’s community liaison from the organization is offering two sessions this month to help patrons learn how to quit tobacco. The Smoking Cessation Group will meet on Tuesday, February 6th and Tuesday, February 13th, both at 5:30 PM.

Finally, the Alzheimer’s Association Michigan Chapter is coming to the library to present on two very important topics—the 10 Warning Signs of Dementia and Healthy Living for Your Brain and Body. Both topics will be presented on Wednesday, February 21 at 5:30 PM.

If you aren’t able to come to any of these programs, don’t let that stop you from checking in with your health this month. We have a large collection of books about health that will help you find ways to live happy and healthy lives!



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Current Hours:  
Monday - Thursday 10 am - 8 pm  
Friday 10 am - 5 pm  
Saturday 10 am - 2 pm  
Sunday 2 - 4pm

**2)**  
YOUTH  
VANESSA'S VIEW

**3)**  
TWEEN  
ABI'S PICS

**4)**  
TEEN  
GRAPHICS CORNER

**5)**  
WHAT'S NEW  
KENDRA'S CURRENT ISSUE  
MICHELE'S MEDIA

**6)**  
FENNVILLE FRIENDS  
FDL BOOK CLUB  
KNIT & CROCHET

**7)**  
TERESA'S PICKS  
NEWS and TIDBITS  
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**NEWSLETTER *contact***  
[fdlnewsletter1@gmail.com](mailto:fdlnewsletter1@gmail.com)

SECOND SATURDAY IN FEBRUARY

# GLOBAL movie day!



**VANESSA'S**  
VIEW



*We Waited for You*, written by Cindy Chupack and illustrated by Emily Hamilton, is a sweet book for the whole family. The illustrations are the perfect complement to the message the author conveys of family love.



Hamilton's illustrations are filled with textures and colors, creating a playful, childlike feel to them. One of the loveliest aspects I appreciated in Hamilton's illustrations is the diversity amongst the characters.

NEW! YOUTH READS>>>

# global movie DAY!



Right in the heart of Oscar season, the second Saturday in February celebrates Global Movie Day to honor the way movies have captured audiences' hearts and minds around the world for over 100 years. Since their inception, movies have transcended geography, language, time, and culture, connecting us all through the power of storytelling.



There are many parts that come together to bring a movie to life. They all play a role in telling the story before the first flicker of light on the screen, before the first note of the musical score plays. Collectively, these elements create magnificent narratives that captivate us time and again.



## BLACK history

PICTURE BOOK  
*Boycott Blues*  
by Andrea Davis Pinkney

MIDDLE GRADE  
*Essie and the March on Selma*  
by Anitra Butler-Ngugi

YOUNG ADULT  
*Black Birds in the Sky*  
by Brandy Colbert

NEW! TWEEN READS>>>

# #GlobalMovieDay

SECOND SATURDAY IN FEBRUARY

## WHAT IS...

your favorite movie?

.....

the worst movie you have ever seen?

.....

your favorite genre of movies?

.....

your favorite movie line?

.....

## WHO IS...

your favorite actor/actress?

.....

your favorite movie character?

.....

.....

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**READ  
THE BOOK,  
WATCH  
THE MOVIE!**

#graphicnovelsintomovies

GRAPHICS CORNER

**NEW! TEEN READS>>>**

# WOMEN CAN BE HEROES

When twenty-year-old nursing student Frances “Frankie” McGrath hears these words, it is a revelation. Raised in the sun-drenched, idyllic world of Southern California and sheltered by her conservative parents, she has always prided herself on doing the right thing. But in 1965, the world is changing, and

she suddenly dares to imagine a different future for herself.

As green and inexperienced as the men sent to Vietnam to fight, Frankie is over-whelmed by the chaos and destruction of war. Each day is a gamble of life and death, hope and betrayal; friendships run deep and can be shattered in an instant.

But war is just the beginning for Frankie and her veteran friends. The real battle lies in coming home to a changed and divided America, to angry protesters, and to a country that wants to forget Vietnam.



## Movie Preview...

*Titles subject to change.*



### KENDRA'S CURRENT ISSUE

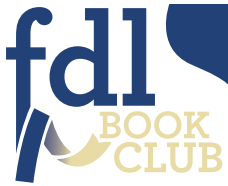
Did you know that Libby is a great place to find specialty craft magazines? Whether you are a novice or a pro, this cross stitch magazine has dozens of ideas ranging from traditional scenes to contemporary designs. Once you finish that picture-perfect stitch, learn some tips that will help you frame it for hanging! Cross stitches make great gifts and artwork to adorn your walls.



### MICHELE'S MEDIA

2024 TBR!





**An Ordinary Man: The Surprising Life and Historic Presidency of Gerald R. Ford**

by Richard Norton Smith

DISCUSSION  
WEDNESDAY  
3.6 @ 1:30 PM

For many Americans, President Gerald Ford was the genial accident of history who controversially pardoned his Watergate-tarnished predecessor, presided over the fall of Saigon, and became a punching bag on Saturday Night Live. Yet as Richard Norton Smith reveals in a book full of surprises, Ford was an underrated leader whose tough decisions and personal decency look better with the passage of time.

Drawing on hundreds of interviews and thousands of documents, Smith recreates Ford's hardscrabble childhood in Michigan, his early anti-establishment politics and lifelong love affair with the former Betty Bloomer, whose impact on American culture he predicted would outrank his own.

Less coda than curtain raiser, Ford's administration bridged the Republican pragmatism of Eisenhower and Nixon and the more doctrinaire conservatism of Ronald Reagan.

Email questions to: [fdlbookclub@gmail.com](mailto:fdlbookclub@gmail.com)



**KNIT & Crochet GROUP**

1:30 PM, MONDAY • FEBRUARY 5 & 19  
Bring your ideas and your projects!  
Beginners to experienced. Ages 18+



**POST valentine's DAY BOOK LOVERS SALE!**

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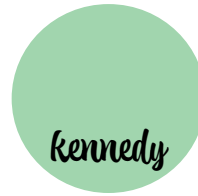
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**The board meets  
on the 3rd Thursday  
of each month at 4pm,  
at the Library. The  
public is welcome  
to attend.**